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**Tea Tree Gully
Athletics Centre Inc.**



1982 - 83

SUMMER PROGRAMME

GOOD SPORT



The Advertiser

CENTRE BEST PERFORMANCE CERTIFICATES

Children who equal or better the previous Centre Best Performance at an Official meeting on the T.T.G.L.A.C. Programme are presented with a certificate in recognition of this achievement. New C.B.P. certificates will be presented at the next home meeting where possible. Centre Best Performances are displayed on the record board.

TEA TREE GULLY ATTENDANCE CERTIFICATES

Attendance points are awarded throughout the season one for each meeting with the exceptions being Inter-Centre Meetings and Final which score 2points. At the end of the season the points are totalled. Children who have dropped 2 points or less throughout the season are awarded an Attendance Certificate.

REGULATION FOR T.T.G. LITTLE ATHLETICS CHAMPIONSHIPS

To be eligible to compete in the T.T.G. Centre Championships children must be registered and have competed in at least 50% of possible meetings since their registration.

PLEASE NOTE - For the purpose of T.T.G. Championships children who have registered with the Centre in the previous season will be expected to re-register no later than November 15th 1982.

The Publicity and Promotions Committee would like to thank our two advertisers and all those who have contributed information to this programme. We regret the absence of a Senior Programme and information which was not available at the time of printing. Any person needing information on the Senior Calendar please contact Mrs Dianne Lockwood on 252 1149.

PLEASE KEEP THIS PROGRAMME HANDY FOR REFERENCE THROUGHOUT THE 1982/83 SEASON.

TEA TREE GULLY ATHLETICS CENTRE INC.

P.O. Box 43,
St. Agnes, 5091.

Bulkana Oval,
Spring Crescent,
Banksia Park.

CENTRE MANAGEMENT COMMITTEE

President	Mrs Wendy Barber	264 0636
Secretary	Mrs Leonie Byrnes	264 4681
Treasurer	Mr John Lockwood	251 1149
Fundraising Officer	Mr Ron Lane	263 9631

SENIOR SUB-COMMITTEE

President	Mr Roy Barber	264 0636
Secretary	Mrs Dianne Lockwood	251 1149
Registrar	Mrs Kath Matthews	265 3130
Recorder	Mrs Pat Leckey	260 5391
Team Manager	Mrs Wendy Barber	264 0636
Publicity & Prom.	Mr Barry Taylor	263 5472
Social Rep.	Mrs Kath Davis	251 3214

LITTLE ATHLETICS SUB-COMMITTEE

President	Mr Laurie O'Connell	264 4681
Secretary	Mrs Lola Wren	258 0613
Registrar	Mrs Loralie Dunn	261 6172
Chief Recorder	Mrs Judy Drew	264 3749
Competitions Off.	Mr Terry Hofmeyer	264 6802
Team Managers	Mr & Mrs J. Page	337 9571
Grounds Officer	Mr Dave Brown	264 0253
" "	Mr Steve Voulelis	261 9061
Social Rep.	Mrs Ronwyn James	263 0749
Officials Officer	Mr Adrian Earl	
Publicity & Prom.	Mrs Judy Whiteland	264 8334

Tea Tree Gully Athletics Centre combines both Senior and Little Athletes.

A Centre Management Committee is the controlling body with representatives from both Senior and Little Athletes on the Committee.

The Sub-Committees for Seniors and Little Athletics operate independently for their respective athletes referring matters of interest to the Centre Management.

There are also four other Sub-Committees, Fundraising, Social Development and Publicity which forms the T.T.G.A.C.

INTRODUCTION TO LITTLE ATHLETICS

Little Athletics is an organisation for young people from 6-12 years which provides opportunity for them to develop talents in all forms of Track and Field Athletics. It is also an activity that the whole family can become involved in, the motto being 'Family Fun & Fitness'.

Little Athletics is designed to allow children to participate without the intense competition of other sports and yet allows for their natural competitive spirit. Personal improvement rather than winning is one of our fundamental aims and should be encouraged.

GENERAL INFORMATION

LOCATION

HOME meetings are held at Bulkana Oval, Spring Crescent, Banksia Park.

AWAY meetings are at address specified in the programme on page 4.

TIME

1.00pm each Sunday except where otherwise shown in programme page 4.

Children are asked to arrive at least 15 mins. prior to the start of all meetings to enable them to warm up.

AGE GROUPS

Children are placed in age groups according to their age on the 1st October 1982.

UNIFORM

Maroon and blue athletics singlet with white shorts for boys and maroon runners for girls.
Singlets may be purchased at home meetings.
Footwear is compulsory, spikes are not permitted.

Will all parents please familiarise themselves with the following rules:-

1. All competitors must wear suitable footwear. Spikes are not permitted.
2. Children must compete in their own age group.
3. Pacing is not permitted and may result in disqualification.
4. When track events require heats there will be no final. Ranking in heats will be strictly adhered to and final placings will be on recorded times. N.B. An exception to this rule is in the T.T.G. Championships whereby in the event of more than one child obtaining the same winning time in different heats all children with that time will take part in a run off to determine final placings. The better time recorded by the children in either race to be entered on their place certificate. In the event of a tie in the same heat for first place each child will be awarded first place.
5. Competitors must report to the official or their group leader at the beginning of each event. If not wishing to attempt the first or any subsequent height in the high jump, they must still report and remain at the event until eliminated. If a competitor is not available when called to jump/throw they will be called again at the end of the round or before the high jump bar is raised. If still not available they will miss the attempt for that round.
6. Age groups U/11, 12, 13 must use the thick high jump landing mattress.
7. Both ends of the long jump pit may be used provided that one end is being used by an age group younger than U/11. This will require extra attention by the officials to ensure the pit is clear to jump.
8. At throwing events competitors and spectators must stand to the rear and at least 3 metres clear of the throwing circle, or outside the discus net where provided. U/12 & U/13 age groups must throw from discus area No.1, i.e. the one with net and the thrower only is allowed inside the net during competition or practice.
9. At Association Events e.g. Eastern Zone Championships, Little Athletes competing must be in correct centre uniform, including registration number.

SPECIAL EVENTS DAYS contd..

STATE INDIVIDUAL CHAMPIONSHIPS

Although the emphasis in Little Athletics is on 'Fun and Fitness' for all children, the Association recognises that many athletes seek the opportunity to compete in their chosen events with children from throughout the State.

The Association sets qualifying standards for all events in all age groups (Pages 6 & 7). Children must achieve these standards at least twice prior to nomination. Nominations must be received by the Association before 3.00pm Friday 11th February 1983.
NO LATE ENTRIES WILL BE ACCEPTED.

AUSTRALIAN TEAM CHAMPIONSHIPS

Each year a team of 22 children from the Under 12 age group is selected to represent our State against teams from the other States. This year the Championships will be held in Canberra. In the past Tea Tree Gully has been represented in the State Team on several occasions.

N.B. To be eligible for State Team Selection children must have registered before 15th Nov. 1982.

IMPROVERS CHAMPIONSHIPS

Sunday 25th March '84

An Improvers Championships is to be held at Golding Oval, Redhill Rd, Ingle Farm. Children who have qualified in 2 events for State Individual Championships are not eligible to compete. Children who have qualified for one event at State Individual may not compete in that particular event.

Sunday 25th March. More details in a later Gully Runner.

T.T.G. LITTLE ATHLETICS CHAMPIONSHIPS

Tea Tree Gully Little Athletics Championships are held towards the end of the season over 2 Sundays to enable the children to compete in all events for their age group. See page 12 for further information.

GENERAL INFORMATION contd..

REGISTRATION

Children must be registered to enable them to participate in any S.A. Little Athletic Association event.

All children who have registered with the Centre in the previous season must register by 15th November 1982 to be eligible for awards at the T.T.G. Championships.

Under 12 children wishing to try for the State Team Selection must register by 15th November 1982.

FEES

Registration fees are \$12.00 for the first child and \$6.00 each for subsequent children in the same family.

If child's parent has already paid the Centre Membership Fee through the Senior Club the fee for the first child is \$7.00.

OFFICIALS AND GROUP LEADERS

To enable a meeting to commence we need a number of parents, older brothers and sisters etc. to offer their assistance for timekeeping, measuring and group leading (i.e. taking children from one event to another).

No previous experience is necessary, just a willingness to help is all that is asked.

CANCELLATION OF HOME MEETINGS

On days when the maximum temperature is forecast 38°C or above Home meetings will be cancelled.

T.T.G. LITTLE ATHLETICS - SUMMER COMPETITION PROGRAMME

October '82

Programme

Sun 3rd.	1.00pm.	Home Bulkana Oval	1
Sun 10th.	1.00pm.	Home Bulkana Oval	2
Sun 17th.	1.00pm.	Home Bulkana Oval	3
Sat 23rd & Sun 24th		Primary School Championships.	O.S.F.
Sun 24th.	1.00pm.	Home Bulkana Oval	4
Sun 31st.	9.30am.	Away Golding Oval, Redhill Rd, Ingle Farm	

November '82

Sun 7th.	1.00pm.	Home Bulkana Oval	1
Sun 14th.	10.30pm.	Away Noarlunga, Garema Dr Morphett Vale	
Sun 21st.		O.S.F. Kensington, Eastern Zone Inter Centre Mtg.	
Sun 28th.	1.00pm.	Home Bulkana Oval	2

December '82

Sun 5th.	11.30am.	Home Elizabeth visiting. BBQ.	3
Sun 12th.		O.S.F. Kensington. All Zone Inter Centre Final	
Sun 19th.		- Sun 9th Jan '83 inclusive - Xmas break.	

JANUARY '83

Sun 16th.	1.00pm.	Home Bulkana Oval	4
Sun 23rd.	11.30am.	Home Munno Para visiting. BBQ.	1
Sun 30th.	1.00pm.	Home Bulkana Oval	2

February '83

Sun 6th.	1.00pm.	Home Bulkana Oval	3
Sun 6th.		O.S.F. Kensington peter Fullager Walks	
Sun 13th.	11.30am.	Home T.T.G. Championships. BBQ.	
Sun 20th.	11.30am.	Home T.T.G. Championships. BBQ.	
Sun 27th.		O.S.F. Kensington. State Relay Championships	

March '83

Sun 6th.		Improvers Championships. Redhill Rd. Ingle Farm	
Sun 13th		O.S.F. Zone Team Championships.	
Sat 19th & Sun 20th.		O.S.F. State Individual Championships	

O.S.F. Dates subject to change.

EXPLANATION OF SPECIAL EVENTS DAYS

INTER CENTRE MEETINGS AND FINALS

An Inter Centre Meeting is held at Olympic Sports Field by each Zone for the Centres forming that Zone. All children are asked to participate and the Centre gaining the most points competes later with the winners from the other Zones, four in all, Northern, Western, Southern and Eastern for the Champion Little Athletics Trophy.

Tea Tree Gully Centre competes in the Eastern Zone Inter Centre Meeting on 21st Nov. 1982 against Campbelltown, Ingle Farm, Eastern Districts, Torrens Valley, Murray Bridge, Riverland Centre (comprising Barmera, Berri, Renmark & Loxton) and Mt. Barker District (subject to affiliation). N.B, Children must be registered and wear the correct T.T.G. Centre uniform to compete.

STATE RELAY CHAMPIONSHIPS

One of the most exciting events is the State Relay Championships held at Olympic Sports Field. 'Individualism' is set aside on this day and 'Team Spirit' takes over. Teams are selected in each age group to represent the Centre after times recorded at earlier meetings are analysed.

ZONE TEAM CHAMPIONSHIPS

Each season a combined team of athletes is selected to represent Eastern Zone in a Championship against the other Zones. Recorded performances for all children in the Zone are analysed to make the team selection. Athletes are restricted to two or three events to give more children the opportunity to compete.

PETER FULLAGER WALKS

The Peter Fullager Walks is a Competition of walking events only for teams of children from each L.A. Club. Children from each age group are selected to represent T.T.G. Centre on analysis of times recorded.

PROGRAMME - ZONE INTER-CENTRE MEETING

<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
60mH	60mH	60mH	60mH	60mH	60mH	60mH
100m	100m	100m	100m	100m	100m	100m
200m	200m	200m	800mW	800m	800m	800mW
LJ	HJ	LJ	HJ	TJ	HJ	TJ
SHOT	Discus	Shot	Discus	Shot	Discus	Shot

PROGRAMME - ALL ZONES INTER-CENTRE FINAL

<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
70m	70m	70m	70m	200m	200m	200m
100m	100m	200m	200m	400m	400m	400m
200m	200m	800mW	800m	1500mW	1500m	800m
HJ	LJ	HJ	LJ	HJ	TJ	HJ
Discus	Shot	Discus	Shot	Discus	Shot	Discus

PROGRAMME - ZONE TEAM CHAMPIONSHIPS

<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
60mH	60mH	60mH	60mH	60mH	60mH	60mH
100m	100m	100m	100m	100m	100m	100m
200m	200m	200m	400m	400m	400m	400m
400mW	400mW	400m	800m	1500m	1500mW	800m
LJ	HJ	LJ	HJ	LJ	HJ	LJ
Shot	Discus	Shot	Discus	Shot	Discus	Shot
HJ	Shot	Discus	LJ	Discus	LJ	HJ

STATE RELAY CHAMPIONSHIPS - START TIMES

U/7 Boys	11.25am	U/7 Girls	11.15am
U/8 Boys	11.45am	U/8 Girls	11.35am
U/9 Boys	12 noon	U/9 Girls	11.50am
U/10 Boys	11.30am	U/10 Girls	11.15am
U/11 Boys	10.50am	U/11 Girls	10.30am
U/12 Boys	10.10am	U/12 Girls	9.50am
U/13 Boys	9.25am	U/13 Girls	9.15am

PROGRAMME OF EVENTS 1982 -83

Programme 1

<u>U/6</u>	<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
70m	70m	70m	70m	70m	100m	100m	100m
100m	200m	200m	200m	200m	200m	200m	200m
HJ	LJ	LJ	HJ	HJ	LJ	LJ	HJ
Discus	Shot	Shot	Discus	Discus	Shot	Shot	Discus
			100m	800m	800m	800m	800m

Programme 2

<u>U/6</u>	<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
60mH	60mH	60mH	60mH	60mH	60mH	60mH	60mH
100m	100m	100m	400m	100m	400m	400m	400m
LJ	HJ	HJ	LJ	LJ	HJ	HJ	LJ
Shot	Discus	Discus	Shot	Shot	Discus	Discus	Shot
				400m	1500mW	1500mW	1500mW

Programme 3

<u>U/6</u>	<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
70m	70m	70m	70m	70m	100m	100m	100m
100m	100m	100m	100m	100m	200m	200m	200m
HJ	LJ	LJ	HJ	HJ	TJ	TJ	HJ
Discus	Shot	Shot	Discus	Discus	Shot	Shot	Discus
			200m	200m	1500m	1500m	1500m

Programme 4

<u>U/6</u>	<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
60mH	60mH	60mH	60mH	60mH	60mH	60mH	60mH
70m	400mW	400mW	800mW	800mW	800mW	800mW	800mW
LJ	HJ	HJ	LJ	LJ	HJ	HJ	TJ
Shot	Discus	Discus	Shot	Shot	Discus	Discus	Shot
			400m	400m	400m	400m	400m

SOUTH AUSTRALIAN LITTLE ATHLETICS ASSOCIATION INC.

QUALIFYING STANDARDS FOR STATE INDIVIDUAL CHAMPIONSHIPS 1982/83

BOYS

<u>Event</u>	<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
60mH	13.4	12.3	11.6	10.9	11.5	11.1	11.0
70m	13.0	12.0	11.5	11.1	-	-	-
100m	18.6	17.2	16.2	15.7	15.2	14.7	14.5
200m	40.5	37.0	35.2	33.7	32.2	30.7	30.5
400m	-	-	1.18.0	1.16.0	1.14.0	1.12.0	1.11.0
800m	-	-	-	2.49.0	2.45.0	2.41.0	2.40.0
1500m	-	-	-	-	5.45.0	5.40.0	5.35.0
400mW	3.00.0	2.38.0	-	-	-	-	-
800mW	-	-	5.30.0	5.15.0	5.00.0	4.45.0	4.30.0
1500mW	-	-	-	-	10.15.0	9.30.0	9.30.0
Shot	4.45m	4.60m	5.60m	6.60m	6.25m	7.00m	7.75m
Discus	11.50m	15.00m	18.50m	22.00m	21.00m	23.00m	21.00m
L.J.	2.75m	3.15m	3.45m	3.70m	3.90m	4.15m	4.15m
H.J.	0.88m	0.98m	1.08m	1.18m	1.28m	1.32m	1.36m
T.J.	-	-	-	-	8.25m	8.75m	8.75m

GIRLS

<u>Event</u>	<u>U/7</u>	<u>U/8</u>	<u>U/9</u>	<u>U/10</u>	<u>U/11</u>	<u>U/12</u>	<u>U/13</u>
60mH	14.7	13.2	12.3	11.4	12.0	11.7	11.6
70m	13.7	12.7	21.1	11.6	-	-	-
100m	19.7	17.7	16.7	16.2	15.7	15.2	15.0
200m	42.9	38.9	36.9	35.4	33.9	32.4	32.2
400m	-	-	1.24.0	1.21.0	1.18.0	1.15.0	1.14.0
800m	-	-	-	3.15.0	3.07.0	3.00.0	3.00.0
1500m	-	-	-	-	6.45.0	6.30.0	6.15.0
400mW	3.00.0	2.40.0	-	-	-	-	-
800mW	-	-	5.30.0	5.20.0	5.15.0	5.00.0	4.30.0
1500mW	-	-	-	-	10.30.0	9.30.0	9.30.0
Shot	3.25m	3.60m	4.50m	5.40m	6.30m	7.20m	6.50m
Discus	8.00m	10.50m	13.00m	15.50m	15.50m	17.50m	15.50m
L.J.	2.50m	2.90m	3.20m	3.50m	3.70m	3.90m	3.90m
H.J.	0.80m	0.90m	1.00m	1.10m	1.20m	1.24m	1.28m
T.J.	-	-	-	-	7.75m	8.00m	8.25m

Entries close 3.00pm Friday 11th Feb. 1983. Mail entries must be in the Association Office by 3.00pm on Friday 11th Feb. 1983.

NO LATE ENTRIES WILL BE ACCEPTED.