



# Senior News



## President's Report

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It was good to finally get the summer season under way and great to see the first Saturday well supported by Tea Tree Gully athletes. We seemed to have a good blend of Little Aths, new members and past performers. We're still receiving enquiries about membership and quite a few of our younger athletes are busy with exams and yet to compete. That all adds up to a promising start for the year. Training at Bulkana has also been well attended and when the different squads are in action we certainly look like a vibrant Athletics club.

The challenge of course is to keep the momentum going by continuing to compete and by working with our team manager Mike Butcher to ensure that we are competitive. Tea Tree Gully has always provided healthy recreational activities for the community and will continue to be successful in this regard. Let's work towards also having success in Interclub competition during the 95/96 season, as some new pennants for the clubrooms are overdue.

Noel Bray



## 1995/96 Summer Season

It is a sad but true fact that the Association's program handbooks for both summer and winter are rarely accurate. It is unfortunate that for this 1995/96 summer season little information regarding the calendar and order of events in the summer handbook is now of any value and the assistance of the Team Manager, Mike Butcher, should be sought for the most up to date information.

Now that exams etc are concluded and more athletes are anxious to compete, management of the team or the allocation of the most appropriate athlete to an event or grade is more critical. All athletes should report to Mike for confirmation on an athletes nomination in an event before the actual nomination is made. This could save confusion and/or embarrassment if re-nominations are necessary. Mike expects that where possible all athletes will make themselves available for relays at the end of the day. Please advise him if you are not available.

It should be noted that due to the dust bowl type ground conditions of where the team headquarters were in previous years that a new position on the grass hill between the officials hut and back entrance is now been used.

The position of our teams in the premiership table is unknown at this stage owing to the lack of points allocation and other recording type functions by the Association. It is unlikely that this position will change until after Christmas.

State Championship relays will be on the 16/12/95 and athletes will be asked to compete in the teams entered as from 2/12/95.





Athletics SA

**State Relay Championships**

**Date:** Saturday 16th December

**Entries close:** Saturday 9th December  
(Monday 11th December for the less organised)  
Entries after the 11th December incur late fee (double)

**Events:**

Time	Track	Field (individual events)
2.00pm	4 x 800	P/V Men & Women H/J Men
2.30pm	4 x 100	L/J Women S/P Men Disc Women
3.15pm	4 x 200	Jav & T/J Men Jav & Ham Women
4.00pm	4 x 400	H/J Women L/J Men Disc Men
5.00pm	Medley	Shot & T/J Women Ham Men

**Age Groups:** Men & Women  
Open  
Over 35's  
Under 20  
Under 18  
Under 16

**Rules for medals:**  
2 teams = 1 medal, 1 certificate  
3 teams = 2 medals, 1 certificate  
4 teams = 3 medals

**Entries:**  
Open \$12  
Over 35's \$12  
Under 20,18,16 \$10

**CALENDAR OF EVENTS**

**Date Program**

- Sat 2-Dec Interclub Programme A - E Grade Programme 2 (morning)
  - Sun 3-Dec Little Aths Relay Day
  - Wed 6-Dec Wednesday Interclub Programme A
  - 8-12 Dec All Schools Championships-Sydney Relay Champs Entries - Soon
  - Sat 9-Dec Interclub Programme B - E Grade Programme 1 (morning)
  - Wed 13 Dec Wednesday Interclub Programme B
  - Sat 16-Dec State Relay Champs - E Grade Programme 2 (morning)
  - \*Wed 20-Dec Wednesday Alternative Programme A
  - Sat 23-Dec Alternate Distances Programme
- \* - changed programme from original summer handbook programme  
**CHRISTMAS BREAK - SEASONS GREETINGS**

**Men's Over 35 Competition**

Clubs' council decided on Monday night to approve the men's O 35 group for interclub comp and it will commence in January.

Below are the proposed teams.

Men's C Grade		Men's Over 35	
1 Enfield Harriers/ Adelaide Harriers		1 Enfield Harriers/ Adelaide Harriers O35	
2 Flinders/ Southern		2 Hills Districts/United Collegians	
3 Hills Districts/ United Collegians		3 Port Adelaide/Elizabeth	
4 Port Adelaide/ Elizabeth		4 Salisbury	
5 Tea Tree Gully		5 Tea Tree Gully	
6 Western Districts		6 Veterans	
		7 Western Districts	

Please discuss this with your fellow competitors and let me know if you want it changed.

Tony Diercks.

**PROGRAMME A**

Track			Field		
Time	Event	Age Group	Time	Event	Age Group
1.00	110 H	A/B Men	12.30	P/V	Low start (no points) Women (points)
1.05		C/D Men		T/J	Women
1.10		U/18 Men		Ham	Women
1.15	100 H	U/16 Men	1.00	H/J	Women - low start
1.20		A Women		Jav	C/D Men
1.25		B Women	1.05	Disc	U/16 Men
1.30		U/18 Women		S/P	A/B Men
1.35	90 H	U/16 Women	1.30	T/J	U/18 Men
1.40	80 H	U/14 Men (no points) U/14 Women (no points)	1.35	H/J	Women - high start
1.45	1500	A/B Men		Disc	Women - low
1.50		C/D Men		S/P	U/18 Men
1.55		U/18 Men	2.00	Jav	A/B Men
2.00		U/16 Men	2.10	T/J	C/D Men
2.10		A/B Women		Ham	U/16 Men
2.15		U/18/16 Women		H/J	U/16 Men
2.30	100	A/B Men	2.45	P/V	High Start (4.00m) (no points)
2.35		C/D Men		S/P	C/D Men
2.40		U/18 Men	3.15	T/J	A/B Men
2.45		U/16 Men	3.25	Jav	U/18 Men
2.50		Reserve Men	3.30	H/J	U/18 Men
2.55		A/B Women		L/J	U/16 Men
3.00		U/18 Women	3.45	Disc	Women - long
3.05		U/16 Women			
3.10		Reserve Women			
3.15	1500 W	U/16 Men & Women			
3.30	400	A/B Men			
3.40		C/D Men			
3.50		U/18 Men			
4.00		U/16 Men			
4.05		Reserve Men			
4.10		A/B Women			
4.15		U/18 Women			
4.20		U/16 Women			
4.25		Reserve Women			
4.30	4x100	Men to Start			

**PROGRAMME B** *Points Scoring for P/V*

Track			Field		
Time	Event	Age Group	Time	Event	Age Group
1.00	300 H	U/16 Men	12.45	L/J	A/B Men
1.05		U/16 Women		Jav	Women All Grades
1.15	400 H	U/18 Women	1.00	P/V	Men - high start <i>Points</i>
1.20		A/B Women	1.25	Ham	A/B Men
1.25		U/18 Men		S/P	U/16 Men
1.30		A/B/C/D Men			
1.45	2000 W	M & W - All Grades	1.45	L/J	A/B Women
1.50	800	U/16 Men		Disc	C/D Men
1.55	<i>Same order as 200</i>	U/16 Women	2.00	S/P	Men (Reserve)
2.00		U/18 Men	2.15	L/J	C/D Men
2.05		U/18 Women	2.15	H/J	Men - high
2.10		A/B Women	2.20	Disc	U/18 Men
2.15		A/B Men	2.30	Ham	C/D Men
2.20		C/D Men	2.35	Jav	U/16 Men <i>Points</i>
2.30	200	A/B Men	2.45	P/V	Low Start <i>(no points)</i>
2.35		C/D Men	2.55	S/P	Women All Grades
2.40		U/18 Men	3.00	L/J	U/18 Men
2.45		U/16 Men	3.00	Ham	U/18 Men
2.50		Reserve Men	3.20	Jav	U/18 Men
3.00		A/B Women		Jav	Women (Reserve)
3.05		U/18 Women	3.25	Disc	A/B Men
3.10		U/16 Women	3.30	L/J	U/18/U/16 Women
3.15		Reserve Women		H/J	Men - low
3.30	60	Men all Grades (no points) Women all Grades (no points)		T/J	U/16 Men
3.50	4x400	Men start	3.45	Ham	Women (no points)

All time are estimates only. Please check notice boards.

# WHAT'S NEWS

## TEAM CAPTAINS

Congratulations to our newly elected Team Captains, Tim Johnson (Men), Kylie Stephanos and Linda Byrnes (Women).

We ask that every registered Senior athlete (young or old) make an effort to come out to compete every week in support of both the Team Captains and the *Team*. Come on, let's put T.T.G. where it belongs - on *Top*.

## T.T.G. CLUB SHIRTS

The Club is selling Club shirts or T.T.G. tops (with collars) at a cost of \$20 each. The tops are light blue in colour and are available in sizes small, medium, large and extra large. If you are interested in purchasing one or more of these shirts, please contact any of the committee.

## CITY TO BAY RESULTS

Name	Time
D. Judd (116)	43.49
N. Bray (31)	40.43
P. Townsend (1218)	56.17
D. Johnson (324)	48.04
C. Sboro (38)	41.03
R. Bryant (714)	52.14
D. Turner (548)	50.47

Name	Time
D.Kewley (79)	42.43
D. McDonald (23)	40.16
J. Marsh (2120)	63.27
K. Bryant (716)	52.15
B. Worley (123)	44.00
R. Newell (357)	48.33
P. Worley (593)	51.08

Congratulations to all the above athletes, and to any others who we have missed off the list. As we understand, Claude Sboro was the winner of the 31 year old age group - well done.

## SNIPPETS

- Apparently, the Quiz Night was a great success and many have said that it is the best one we have had so far. Although, we have had to endure some continuous bragging from one Club President about how he single handedly masterminded a great win for his table of "schoolies".

- Once again, we are losing another athlete interstate. Linda Byrnes, who has just completed her studies in Nursing, has secured employment commencing in the New Year at the Prince Alfred Hospital in Sydney. Our best wishes go to Linda.

- Blind athlete, Jason Smith is endeavouring to qualify for the 1996 Paralympics in Atlanta and is seeking a number of quality runners to run with him at training and in competition. If you run around 12.5 (100m), 24.8 (200m) or 55.0 (400m) and would like to assist, please contact Jason on 281 5825 (Home).

- The holiday season will soon be here and it must be nice being a student, judging by the plans of two of our young athletes. Ian Tucker is off to Brunei, while Ben Harrison is going to Malaysia for four weeks. I'm sure that both will have a great time, even if training does suffer. Ian's bet of \$5 with a senior athlete, that he would beat him over 1500m by the end of the season, must now be in jeopardy.

The **Qualifying Standards** for both men's and women's senior grades proved too difficult for many clubs so they have been dropped except for the A men and A women. In these grades, the standards used will be the Previous B grade standards as indicated on page 19 of the Summer Handbook.

### ASA State Individual Championships

The 1996 ASA State Individual Championships in February have received sponsorship and will now be conducted by the ASA Grand Prix committee.

In order to accommodate our sponsor, some changes to the program will be needed. Further information will be released by the Board in the next few weeks on this development.

### Officials' Roster.

The Honour system for officials has not worked and over the last two weeks our controller of officials, Bill Barnes, has been unable to staff the events to his satisfaction.

*The old system of each club providing a set number of Officials will now operate.*

**Club Managers will be responsible for ensuring their clubs meet the quota each week as well as taking their turn in setting up and assisting in the canteen.**

## ATHLETE'S PROFILE

**NAME:** Daniel Judd

**Birthdate:** 30/8/1974

**Marital Status:** Single

**Nickname:** Juddy, Danny

**Best Events:** X-Country, Steeple, 10,000M.

**Worst Events:** Field events

**Years Competing:** Running about 10 years, competing about 8 years.

**Occupation:** Student

**Favorite Sportsperson:** Greg Welch, a legendary long distance Triathlete

**Other Sports:** Swimming, Racing driver

**Hobbies:** Chasing Females

**Best Performance:** 10,000M State Champs, 3rd

**Worst Performance:** My 21st Birthday party, on one Thursday night at the pub after training.

**Favorite Movie:** Die Hard, or Speed

**Favorite TV Show:** The Simpsons

**Favorite Song:** You Belong To Me (JX), Boom Boom Boom (The Outthere Brothers)

**Favorite Food/Drink:** Pizza / Vodka + Orange

**What is the most inspirational thing anyone has ever said to you:** "You'd better run quick tonight, she's watching you."

**Money no objection, which car would you drive:** BMW M3-R (it oozes class, and is also VERY quick.)

**Future ambitions:**

- Live life to the maximum
- Buy a Bimmer
- Represent Australia in Triathlon
- And to be known



### T.T.G. ANSTEY'S HILL 8KM

A tough 8km hill run, Harriers were once again well represented. This being acknowledged by Bob Pearce at the conclusion. The run took place in superb conditions for an August event and once again was well organised. A run well recommended to include on a 'must run' basis. Congratulations to host club Tea Tree Gully.

Christmas and New Year is a special time when we can be with our family and friends. It is a time of fun, and reflection.



*Merry Xmas  
from the Senior  
Committee*