

March 1999

"The Gully Breeze"

Tea Tree Gully Athletics Club.
Senior Newsletter.

Annual General Meeting
7th May, Bulkana Oval 7.30

PRESENTATION NIGHT

SATURDAY APRIL 17TH
at clubrooms.

Commence with Presentations at 6:30.

Athletes - Free Others - \$5.00

Chicken & Salad
Fruit Salad & Ice Cream
Tea & Coffee (free)
BYO Cool drinks

Inside this issue:

Presentation Night
President's Report
Summer Reports
Pro Meet.
State Championships
Winter Season
Melbourne Grand Prix

CONGRATULATIONS

Brett Worley
3rd. placing in his age
group.
National Ironman
Championships.
Canberra.

STOP PRESS

U16 GIRLS

3RD

JOB WELL DONE GIRLS

Lauren Stewart
Laura Townshend
Naomi King
Aishia Yunusha
Dana Allen
Rachel Ridgwell

Team Managers Report – Women.

After a slow start to the season the number of athletes picked up after Christmas. The girls we did have competed in numerous events to pick up extra points for the club.

Unfortunately the "Open Women" just missed out on the top 4 but not through lack of trying especially **Caroline Jackman** who after competing in the Melbourne Grand Prix meet arrived back in Adelaide at 6:30 and came straight to the track to compete. (is that dedication or what!) .

Great news for the u16 girls who have made it into the top 4 and will be battling it out at Interclub Finals on Saturday 6th and 13th March. Well done girls and best of luck.

Linda Stewart.

Pro Meeting Results

- The win by Craig Hams in the feature event the CSR Readymix 200m Open Gift. Craig also ran 2nd in the 70 m Open.
- Courageous win by **Terry Gallagher** in the Boral Hollostone 1000m. Terry was over taken in the final 20m only to fight back and win a close one. Terry was the premier runner for Tea Tree Gully during its successful Winter season. (a local win)
- Fine performance from Michael Coughlan to win the 70m Open and run 2nd in the Exhaust Plus Pooraka O/35 200m.
- Legendary Hal Thomas winning the Exhaust Plus Pooraka O/35. Hal is about 60 years of age.
- Backmarker Kylie Atkins win in the CSR Readymix 200m Womens event.

Results.

Plaza Holden 400m U/18's

1st C.Hodges (49.12) 2nd B.Harrison 3rd J. Collings

Boral Hollostone 1000m Open

1st T.Gallagher (2.26.50) M.Fenech. S.Garreffa

SAAL 70m Women

1st R.Letcher (8.67) E.Sullivan. K.Miller

SAAL 70m Open

M. Coughlan (7.95) C.Hams. L. Burckhardt/J. Battista (dead heat 3rd)

Exhaust Plus Pooraka 200m O/35

H.Thomas (21.87) M.Coughlan. B.Dickensen

CSR Readymix 200m Women

K.Atkins (23.16) A.Burr R.Letcher

CSR Readymix 200m Open

C.Hams (20.42) N.Young. **G.Doyle/** L.Burckhardt (dead heat 3rd)



Dana Allen (u/16) - 220m 28.04 4th
 LJ 5.03 4th
 100m 13.17 4th
 TJ 10.79 3rd

Debra Allen (o/35) - 200m 28.81 1st
 TJ 9.46 1st
 100m 13.39 1st

Scarlett Cooke (u/18) - 3000m 10.59.6 1st
 1500m 5.07.86 4th

Jasmin Cuff (u/20) - 200m 28.54 3rd
 LJ 4.77
 100m 13.59 6th
 TJ 10.48 2nd

Stuart Daddow (Open) LJ 5.42 5th

Hamish Hamilton (Open) 1500m 4.05.63
 5th
 800m 1.54.44 4th

Kate Hargans (U/18) 400m 63.69 5th
 TJ 10.61 2nd
 200m 27.40 6th
 LJ 4.91 4th

Paul Henderson (u/18) 3000m 10.55.9 8th

Caroline Jackman (Open) -Javelin 44.79 1st
 Shot Put 11.66 1st

Des King (o/35) - 200m 27.78 8th
 100m 13.18 7th

Naomi King (u/16) - 200m 28.99 9th
 LJ 5.03 4th

100m 13.40 7th
 TJ 10.75 4th

Kimberley McQueen (u/20) - 200m 27.90
 2nd
 LJ 4.65
 400m 62.11 3rd
 100m 13.54 5th

Mark Ormrod (u/18) - 400m 49.95 1st
 200m 22.78 1st

Stephen Smith (o/35) - 200m 26.94 6th
 100m 12.89 6th

Lauren Stewart (u/16) - TJ 10.04 6th

Nicole Stewart (u/20) - 100m H 19.58 2nd
 LJ 4.83
 TJ 10.66 1st

Laura Townsend (u/16) - LJ 5.05 3rd
 TJ 11.15 2nd

Darren Wilson (Open) 1500m 4.11.59

Brett Worley (Open) 5000m 16.57.8 12th

Aisha Yunusa (U/16) - 200m 28.38 6th
 100m 13.38 6th
 TJ 9.92 7th

***Congratulations to Caroline,
 Nicole, Scarlett Mark and
 Deb***

Rattle Books
Due Back 21st March

PRESIDENT'S REPORT

Men's Summer Season

It was disappointing that none of our men's teams made the finals, as we were optimistic enough to lobby for our inclusion in A grade at the start of the season. Injuries and our inability to consistently cover all events made it difficult for us to maintain a good position in A grade and a lack of numbers in the junior teams kept us out of contention.

There were some very good individual performers, with **Mark Ormrod** holding the sprint team together and **Hamish Hamilton** producing some good middle distance performances. He was joined by **Darren Wilson** in the later half of the season while **Ben Hirst** and **Brett Worley** were consistent point scorers on Wednesday nights both with strings of PB's.

It is still very encouraging to see the number of athletes in our squads at Bulkana with a lot of young sprinters in Jeff Page's group during the year. Lets hope we have greater availability of athletes next season.

At the Melbourne Grand Prix

Who else settled back to watch this special athletics meet not expecting to see one of our own athletes flash onto the screen? **Caroline Jackman** came second to Russian athlete Oksana Makarova in the javelin with a throw of 45.78m and two of her throws were shown. Well done Caroline.

The Winter Season

Its on again commencing 17th April, so please contact Noel Bray on 83372235 if you are planning participate. Last year the senior men's team won C grade comfortably and are sure to be in a higher grade this year. After discussions with representatives of the Western Districts club the committee has approved the linking of the two clubs during the winter season. The idea is to give all of our athletes the chance to participate in teams, as often in the past we have not had sufficient numbers in the junior age groups. The Gully relays will be held at Bulkana on Saturday 17th July and the Anstey's Hill run, which we host. Is scheduled for Saturday 14 th August.

Distant Runners now in Adelaide.

Alana Cloke and **Ellen Weise**, two of our athletes from Bordertown who have previously competed for us gained state representation, have started courses at University. Lets hope we see both of them competing regularly for us in cross country and on the track.

1999/2000 Senior Committee

Please remember that for a club to function efficiently it needs a committee on which all positions are filled and a steady flow of new blood. On a full committee the work can be spread amongst members and all aspects of administration can be dealt with properly.

PLEASE CONSIDER NOMINATING FOR THE SENIOR COMMITTEE to ensure our future success.

ANNUAL GENERAL MEETING:
7th May
7:30

Noel Bray

